The message of the Hope Box: This special “treasure box” is to store your most special thoughts, hopes and dreams. This takes only about 20-45 minutes to make!

Here’s what you need:
- Shoe box or small plastic box from craft stores
- Scissors
- Construction, colored tissue or wrapping paper
- Cool stickers
- Glue
- Decorations items (beads, buttons, photos, glitter, shapes)
- Magazine or catalog pages for words and images to cut out

Here’s what do to:
1. Decorate your box and the top (do them separately so the top can come off when you want to take messages or things out to be looked at over time.
2. Remember this is your Hope Box, decorate it and fill it in any way you wish. Cut a small slit in the top of the box so that paper messages and notes can be inserted.
3. Whenever you have a special hope, thought, wish, fear, dream or treasure, use this private and special place to write it down or store it for as long as you like. Remember to look at your Hope Box items each year, or as often as you’d like.