SLOW DOWN AND ENJOY YOUR SUMMER.

Super-Sib!
Make Your Own ice cream!

You’ll need:
• 1 gallon-sized ziplock bag
• 1 sandwich-sized ziplock bag
• 1 tablespoon sugar
• 1/2 cup of milk or half-n-half
• 1/4 teaspoon vanilla
• 1/3 cup rock salt
• Ice (crushed is best)

Instructions:
1. In the sandwich bag, mix the sugar, milk and vanilla.
2. Seal the sandwich bag tight, removing as much air as possible.
3. Fill half the gallon bag with ice and the rock salt.
4. Put the sandwich bag in the gallon bag, removing as much air as possible and zip closed.
5. Shake the bag for 5-10 minutes until the liquid mixture becomes solid.
6. Remove the sandwich bag, empty the ice cream into a bowl and add your favorite toppings before you enjoy!

With a parent’s permission, share a photo of your frozen treat with us at SuperSibs@AlexsLemonade.org to win a prize!

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Alex’s Lemonade Stand Foundation for Childhood Cancer®

SuperSibs.org Supporting Siblings of Children with Cancer