

SuperSibs 

Supporting Siblings of Children with Cancer

Alex's
Lemonade
Stand
Foundation for
Childhood Cancer™

“We ARE WHAT WE Believe”

- G. S. LEWIS

This Year You Will Be **Unstoppable**, Supersib!



New Year's Resolutions for 2026

1. To live each day to its fullest!
2. To forgive freely — that means be kind to yourself too!
3. To say “Hi” to one new person every day!
4. To laugh!
5. Add your own resolution — or two or three!

We think you are amazing! Share your resolutions with us at **SuperSibs@AlexsLemonade.org** or on Facebook **@SuperSibsALSF**. (Don't forget to ask a parent or guardian first!)



Journal Prompt

What is something from this past year that you are proud of? Write or draw about it in your journal!