

Stay **SHARP** this
year, SuperSib!



Focusing On The Future

Grab a container with a lid and create a New School Year Time Capsule!

Think about your goals for the year ahead. What items could you include that reflect your predictions and the memories you want to make?

Complete the questions and include your answers in the box. Now seal up your time capsule, and keep it somewhere safe. Open it on the last day of school and see how far you've come!

Share your capsule on Facebook @SuperSibsALSF.



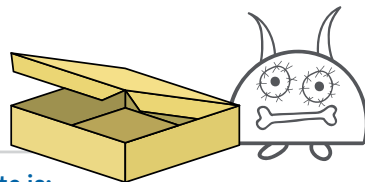
Make, Send and Share!

Once you've created your time capsule, send us a pic over Facebook, or email to SuperSibs@AlexsLemonade.org for a chance to win a special prize!



Journal Prompt

In your journal, write or draw something you are looking forward to this school year.



Today's date is:

My name is _____ and I am in _____ grade.

_____ is a word I would

use to describe myself right now. I feel

_____ about this school year

because _____

3 goals I have for this year are:

1. _____

2. _____

3. _____

SuperSibs

Supporting Siblings of Children with Cancer

SuperSibs.org