

You're  
the Zest!






Make this summer the sweetest ever by making your own ice cream!

### Here's what you'll need

- 1 cup half-and-half
- 2 tbsp. granulated sugar
- 1/2 tsp. vanilla extract
- 3 cups ice
- 1/3 cup kosher salt
- 1 smaller plastic resealable bag
- 1 large plastic resealable bag
- Toppings of your choice!

### Steps (From Delish.com)

1. In a small resealable plastic bag, combine half-and-half, sugar and vanilla. Push out excess air and seal tight.
2. Into a large resealable plastic bag, combine ice and salt. Place small bag inside the bigger bag and shake vigorously (7 to 10 minutes) until ice cream has hardened.
3. Remove from bag and enjoy with your favorite ice cream toppings.



**Parents!** Share your finished tasty treats with us at [SuperSibs@AlexsLemonade.org](mailto:SuperSibs@AlexsLemonade.org) or on Facebook [@SuperSibsALSF](https://www.facebook.com/SuperSibsALSF).



Supporting Siblings of Children with Cancer

[SuperSibs.org](https://www.SuperSibs.org)



*Journal Prompt*

Write/draw about your favorite summer activity!