



We Think You're
Sweet, SuperSib!



Happy Valentine's Day, SuperSib!

Think about all the wonderful things you love, then write them in each of the chocolates below.



Supporting Siblings of Children with Cancer



Valentine's Day is a great way to practice some self-care. **Scan the QR Code** for instructions to make a Self-Care Box, and see more activities at **SibSpot.org**.



Journal Prompt

In your journal, write or draw about what makes you feel loved!

