

SLOW DOWN
AND ENJOY YOUR SUMMER.

Super Sib!



MAKE YOUR OWN *ice cream!*

Serving Siblings of Children with Cancer

SuperSibs!

Powered by: Alex's Lemonade Stand Foundation



You'll need:

- 1 gallon-sized ziplock bag
- 1 sandwich-sized ziplock bag
- 1 tablespoon sugar
- 1/2 cup of milk or half-n-half
- 1/4 teaspoon vanilla
- 1/3 cup rock salt
- Ice (crushed is best)

Instructions:

1. In the sandwich bag, mix the sugar, milk, and vanilla.
2. Seal the sandwich bag tight, removing as much air as possible.
3. Fill half the gallon bag with ice and the rock salt.
4. Put the sandwich bag in the gallon bag, removing as much air as possible and zip closed.
5. Shake the bag for 5-10 minutes until the liquid mixture becomes solid.
6. Remove the sandwich bag, empty the ice cream into a bowl, add your favorite toppings, and enjoy!



With a parent's permission, share a photo of your frozen treat with us at SuperSibs@AlexsLemonade.org to win an ALSF t-shirt!

Connect with ALSF on SnapChat [@ALSFSuperSibs](https://www.snapchat.com/add/ALSFSuperSibs).

[SuperSibs.org](https://www.SuperSibs.org)